

# (氣)

(Randall Waechter) / ( )

( )

(氣)

(Gao, 1997;

Yang 1998).

(氣)

(元氣), (穀氣), (空

(空

氣) 3가

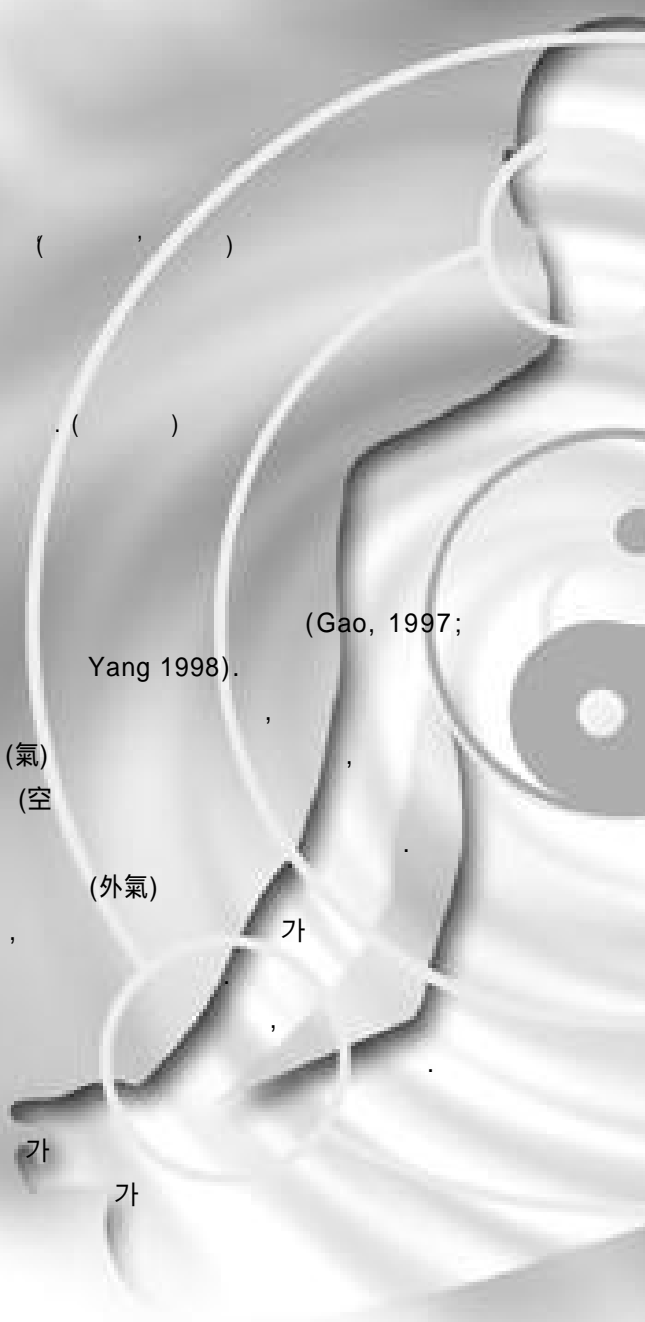
(外氣)

가

가

가

가





(Yang, 1998). 가 ,

(Kalat, 2001).

가 .

1 50Hz (45Hz

Oschman, 2000). 가 ;

(1 40Hz)

7 10Hz , 가

4 /

(Kalat,

4 7Hz 2001).

(磁性的)

, 8 14Hz (場) , 가

(Washnis and Hricak,

1993).

(Oschman, 2000).

4 2 ,

(0.3 4Hz)

(14 50Hz)

4 .

1968).

1.5 28  
(silent phase)

가  
24

(Kalat, 2001). (5 28 )  
24 (場)

(Eastman, Hoese, Youngstedt & Liu, 1995),  
(Refinetti, 2000).  
(2000)

가

(1~7Hz)

가  
가 가?

1 ~ 7Hz

가  
(視床)  
(Pace-maker)

(Andersen and Andersson,



(內氣)

(Eisenberg, 1995).

(氣)

(1995) 가

( -內氣)  
?

가?

가 가  
(project)

가

(Eisenberg, 1995).

(氣)

(外氣)

(氣)

(Fenton, 1996).

(氣)

가

(外氣)

. 가 가

(Yang, 1998).

(Eisenberg, 1995).

가?

가 .

, 가 .

(Yang, 1998, p.11).

2000).

(Oschman,

(場)

가

가

(14 ~ 50Hz)

(8 ~ 14Hz)

(4 ~ 7Hz)

(Oschman, 2000).

가



가 .

. 가

1. (氣) 가 (Fenton, 1996).

가

/

(Gao, 1997).

가

(Eisenberg, 1995,

p. 112).

가

가

가

가

가

가

가

가

(Eisenberg, 1995).

가

가

(Oschman, 2000).

가

가

(Washnis and Hricak,

1993).

(場)

가

(Seto, Kusaka, Nakazato,



1992). (2000) .  
 .  
 , ( 가? )  
 ) 가 4  
 ,  
 .  
 , 2000 (Yang, 1998).  
 ,  
 ,  
 .  
 500  
 ,  
 .  
 (Eisenberg, 1995).  
 ,  
 ,  
 (Oschman, 2000 p. 109).

2. (氣) (Yang, 1998).  
 , 가가 ,





(Yang, 1998).

coli.)

. 1981

3

1

가

(E.

(五輪書)

가

가 30

1

가  
가

40

7 10 가

가

가

가

가

가

가?

가

가 가

. 1500

1600

가 가

60



(氣)

가

1  
(Musashi, 1624).

5000

가

1997).

(Gao,

가

가 (Gao, 1997).

(得氣)

가

(Eisenberg,

1~4Hz 1995).

(Oschman,  
2000).

가  
 ( )  
 ) ( ) 2  
 12  
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( , , , , , , , )  
 , , - ,  
 - , ) . (Thurnell-Read, 1995).

(Hall  
 effect)

가 ( , (電荷)  
 )

가 가 가  
 가  
 (Oschman, 2000).



가

(Oschman, 2000).

(electrical conduction)  
(electronic conduction)

가

가 (家電)

(生基質: living

(Oschman, matrix)

2000).

(Oschman, 2000, p.47).

가

가

가

(Ling,

1992).

(Oschman, 2000).

, (視  
床)

( ), (Becker, 1985, 1990,  
1991). 가

. 가  
( ) ,  
가

(Oschman, 2000, p.57).

(living matrix)

가

가

(Morton

( )

and Dlouhy, 1989).

가

(1985, 1990, 1991)

(

)

(Oschman,

2000, p.70).

가

가

가



(1985, 1990, 1991)

(氣)

(2697 ~

2597 )

가

(Thurnell-Read, 1995).

가

(Yang, 1998).

(Yang, 1998).

(Fenton,

1996).

(Fenton, 1996).

가

가

가

(Oschman, 2000).

가

(Oschman, 2000).

가

(Becker, 1985, p.25).

가

(氣)

(Becker)

( )  
)

( )  
가



가

가

(Benveniste,

1998).

가 가

가

(co-resonance)

가

(Oschman, 2000).

가

(1985,

가

1990)

(氣)



(氣)  
가?

가

가

가 4000

가

가

4000

가,

가

가

(元氣)

가

(Burr, 1972)

가

가

가

가



가

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가 가

(Burr, 1972).

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가 가



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: (Randall Waechter)  
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 Medicine, Stress and Health, Clinical  
 Physiology, American Journal of Chinese  
 Medicine, Psychoneuroendocrinology  
 E-mail: Qimed@wonkwang.ac.kr



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